



First Aid, Medication and Health

Health Bay

Health Bay is the provider of first aid for sick or injured students, and is staffed by certified First Aid Officers.

Health Bay has the facilities to cater for sick or injured students **on a SHORT TERM BASIS only**; we do not have the facilities for students to spend long periods of time at Health Bay.

If your child does not seem well or has a temperature, **please do not send them to school**.

Giving your child Panadol or Nurofen to keep their temperature down may make them feel better for a short time, but will not make them well. A child who is unwell in the classroom will not only struggle to complete the day's work, but may pass on their illness to their classmates as well. Your cooperation is therefore sought to ensure that, to the best of your ability, your child is sent to school well enough to participate in the entire day's activities.

Student Health and Medication Records

Changes in a student's health status and/or medication should be reported to Health Bay. The First Aid Officer is a great ally for parents and students, but only if they are informed. The best decisions for your child are made with a maximum amount of information.

In order for our medical records and emergency contact details for each student to be current, Student Medical Information Forms are sent to new parents at the beginning of each year for parents/guardians to complete and return. Students whose medical forms have not been signed and returned cannot be administered paracetamol. Medical records can also be updated on Parent Lounge as required. It is important that the school is kept up to date with at least two current contact numbers, and two emergency contact numbers, one of whom can take your child home if you are unable to.

In the case of any student who presents to Health Bay with vomiting, diarrhoea or a temperature above 37.5C, the student's parents or relatives will be contacted immediately and asked to make arrangements to collect the student from school as soon as possible.

Medication

In keeping with College policy, the only medication students may keep with them is asthma medication; students who have been prescribed an Epi-Pen for severe allergy or anaphylaxis may keep their Epi-Pen with them, or leave it at Health Bay. Students must present all other medication to Health Bay at the start of the day. This should be labelled with the student's name. An "Authority to Administer Medication" form can be collected from Health Bay and should be presented to the First Aid Officer with the relevant medication.

Please note, the school can only administer paracetamol to students if they have been given permission on the medical form and Parent Lounge. If your child requires ibuprofen or antihistamine, the First Aid Officer will only administer this if parents have supplied the medication, enclosed a signed and dated "Request to Administer Medication" form, and labeled the box clearly with the student name and year level. Parents will also be contacted by phone before this medication is given. Should a female student require Ponstan or a similar medication, the same procedure is applied. The school will have a small supply of antihistamine for those students with life-threatening allergies.

Infectious Diseases Policy

In the case of infectious diseases, College policy is that students should be kept home until the symptoms have cleared. This includes (but is not limited to): conjunctivitis, chickenpox, cough and cold viruses, diarrhea, mumps, measles, German measles, nausea and vomiting, ringworm, school sores, whooping cough and untreated head lice. Not only are these ailments highly contagious, but sending students back to school prematurely could hamper the healing process. By adhering to these guidelines, you are helping us keep the College a healthy, happy place for all our students.

Wearing of Hats

As a Sun Smart school we teach that the danger of sunburn is a very real threat at all times. In order to be more proactive in ensuring all students are protected, it is compulsory for every student to wear a hat when not in a classroom; before and after school, in the first and second break and when moving from class to class for specialist lessons and other activities around the school.

Students will be responsible to have their hats with them at all times especially when travelling to and from school and must put them on immediately when arriving at school.

Please ensure that they put their hats on before exiting the car when being dropped off at school. The bus drivers will also be ensuring this happens for all students who travel on our College buses.

If we are diligent together in following this process at home and school, students will soon realise the importance of wearing a hat at all times and quickly comply with this directive.