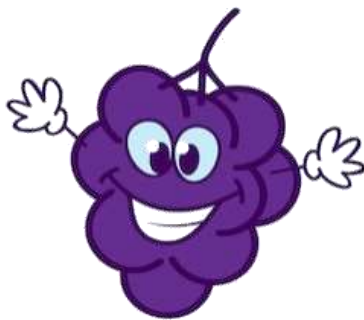




2022

Tuckshop Menu

Term 1



Open from 8.00am-1.15pm
Morning Tea & Lunch
All orders must be placed by 8.30am

All orders must be placed through the Flexischools
website – www.flexischools.com.au.
For assistance, please call Flexischools
on 1300 361 769

Sandwiches



Please specify the type of bread:

White or Gluten Free
Fresh or Toasted

Please specify the type of filling:

Meat & Salad – Chicken / Ham / Roast Beef	\$6.00
Ham, Cheese & Tomato	\$5.00
Salad	\$4.80
Meat & Pickles – Chicken / Ham / Roast Beef	\$4.80
Meat & Cheese - Chicken / Ham / Roast Beef	\$4.80
Meat only – Chicken / Ham / Roast Beef	\$4.60
Egg & Lettuce	\$4.50
Curried Egg & Lettuce	\$4.50
Egg only	\$4.20
Cheese	\$3.50
Vegemite or Jam	\$2.50

Rolls



Lavish Rolls

Ham & Salad	\$7.00
Chicken & Salad	\$7.00
Sweet Chilly Chicken	\$7.00
Beef & Salad	\$7.00
½ Lavish Roll	\$4.00

Baguette Rolls

Ham & Salad	\$6.50
Chicken & Salad	\$6.50
Sweet Chilly Chicken	\$6.50
Beef & Salad	\$6.50

Salads



Large Plate of Chicken / Ham / Beef & Salad	\$7.50
Small Plate of Salad with Meat	\$6.00
Small Plate of Salad	\$5.00

Hot Food

Kebabs – Chicken Tender / Chicken Chilly	\$5.00
Lasagne	\$5.00
Mrs Mac's – Beef, Cheese & Bacon / Steak & Cheese / Potato Top Beef	\$4.50
Outback Curry Pie	\$4.50
Popcorn Chicken	\$4.50
Spaghetti Bolognaise	\$4.00
Chicken Chips (10)	\$4.00
Mrs Mac's – Quiche Lorraine	\$4.00
Wing Things (3)	\$3.50
Cup of Chips	\$3.50
Chicken Tenders (2)	\$3.50
Karaage Bites (6)	\$3.50
Mrs Mac's Spinach & Ricotta Roll	\$3.30
Mrs Mac's – Chilli Beef Roll	\$3.30
Dinosaur Chicken Nuggets (7)	\$3.00
Cup of Frankfurts / Cheerios (5)	\$3.00
Pizza Rounders	\$3.00
Sausage Rolls (plain)	\$2.50
Pork Ribs	\$2.00
Party Pie Lite	\$1.00
Sauce Sachet – BBQ or Tomato	\$0.30



Gluten Free (Prices are subject to change)

*Gluten Free Sandwiches available, see Sandwich Menu

Chicken Nuggets (6)	\$3.50
Chicken Tenders (2)	\$3.50



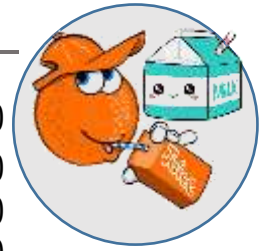
Snacks (*) when available

(*) Cup of Grapes	\$3.00
Muffin – choc chip & blueberry	\$2.80
Gingerbread man	\$2.50
Jumbo Triple Choc Cookie	\$2.50
(*) Watermelon	\$2.50
Finger Buns	\$2.00
Smith's Original Chips (45g)	\$1.60
Honey Soy Chips	\$1.30
Smith's Salt & Vinegar Chips (28g)	\$1.30
Jelly – Red, Green or Purple	Large \$1.00
	(Primary Only) Small \$0.50
Apple – Red / Green	\$0.80
Small Chocolate Chip Cookie	\$0.50



Drinks

Oak Milk (600ml) Original & No Sugar Espresso	\$3.50
Ice Break	\$3.50
Breaka (Large)	\$3.50
Breaka (Small)	\$2.50
100% Fruit Juice (Large)	\$3.00
100% Fruit Juice (Small)	\$2.00
Orange & Mango Juice (Large)	\$3.00
Orange & Mango Juice (Small)	\$2.00
Glee Juice & Bubbles – Blackcurrant, Grape, Tropical, Raspberry	\$2.50
Breaka UHT Vanilla	\$2.00
Water	\$1.50
Popper	\$1.50



Ice Blocks

Milo Cup	\$3.50
Spiderman	\$2.50
Frozen Yoghurt Cups - Mango or Strawberry	\$2.00
Calippo Star Wars	\$2.00
Cyclone	\$1.70
Paddle Pops – Rainbow & Chocolate	\$1.50
Calippo Mini (Gluten Free) Raspberry & Pineapple	\$1.00
Vanilla Cup (Gluten Free)	\$1.00
Icy Twist (Gluten Free)	\$1.00
LifeSaver	\$1.00



Daily Specials

Monday Weekly Special

Fresh Sushi rolls from Sushi Break Rockhampton	\$3.60
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Tuesday Weekly Special

Chocolate Mousse (Gluten Free)	\$1.20
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Wednesday Weekly Special

Hamburgers – Chicken, Beef or Vege	\$5.50
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Thursday Weekly Special

Pizza	\$3.50
Garlic Bread	\$2.50

Friday Weekly Special

Dagwood Dog w/sauce	\$3.00
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